



### Updated 10/12/22

St. Paul's Day School (SPDS) must comply with COVID-19 public health guidelines put forth by the NJ Department of Health specifically for childcare centers, which is how the school is licensed in the state of New Jersey (not as a K-12 school). The requirements were heavily derived from guidance documents produced by the Federal Centers for Disease Control and Prevention (CDC), however, in many instances have been supplemented or modified to reflect the needs of New Jersey and childcare centers. Additionally, we are required to notify the Westfield Regional Health Department of all positive cases and follow their instructions in regard to designation of close contacts and contact tracing.

### Symptoms of COVID-19

As per the New Jersey Department of Health, any of the symptoms below could indicate a COVID-19 infection in children and may put your child at risk for spreading illness to others. Please note that this list does not include all possible symptoms and persons with COVID-19 may experience any, all, or none of these symptoms.

<b>Fever (measured or subjective)</b>	Fatigue
<b>Persistent Cough</b>	Congestion or runny nose
Rigors (shivers)	Chills
Myalgia (muscle aches)	Shortness of breath
Headache	Difficulty breathing
Sore throat	New loss of smell
Nausea or Vomiting	New loss of taste
Diarrhea	

### Health Screening

- Please monitor your child for symptoms of COVID-19 per the grid above. If your child has a fever or a persistent cough, or any two of the other symptoms above, please keep him/her home and notify the school office.
- If a child does not feel well during school we will call you to pick them up. They will be taken to a quarantine room with a designated staff member to wait, isolated from other students.



### Close Contacts / Contact Tracing

SPDS will continue to work closely with the Westfield Regional Health Department to identify close contacts and comply with the most current contact tracing requirements at the time. SPDS will notify impacted staff and parents of students if they are identified as a close contact.

A close contact is defined as being within 6 feet of someone with suspected or known COVID-19 for 15 or more minutes during a 24-hour period. In some school situations, it may be difficult to determine whether individuals have met this criterion and an entire cohort, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors. If your child has been identified as a close contact, you should test them 24 hours after exposure and then follow the **Return to School** instructions below.

### Return to School

- **Returning to school after close contact outside of the household (no symptoms):**
  - Quarantine is no longer recommended after exposure, regardless of vaccination status. Individuals who are exposed should test 24 hours after exposure, and again on day 5, and wearing a mask for 10 days after exposure is highly recommended.
- **Returning to school after close contact within the household (no symptoms):**
  - Students who are **unable to isolate from the positive household member** are recommended to quarantine for 5 days from the household member's positive test or onset of symptoms. Criteria for return:
    - Negative test result (OTC or provider-based test) 24 hours after exposure; able to properly and consistently mask indoors through day 10. He/she should also get tested 5-7 days after exposure, even if asymptomatic.
    - If opting not to test and mask - criteria for discontinuing home isolation have been met (10 days).
  - Students who are **able to isolate from the positive household member:**
    - Negative test result (OTC or provider-based test) 24 hours after exposure; able to properly and consistently mask indoors through day 10. He/she should also get tested 5-7 days after exposure, even if asymptomatic.



- If opting not to test and mask - criteria for discontinuing home isolation have been met (10 days).
- **Returning to school after illness with COVID-19 compatible symptoms:**
  - Negative COVID-19 test results (two OTC tests 48 hours apart or single provider-based test)
  - If opting not to test, criteria for discontinuing home isolation have been met (10 days have passed since symptom onset, return on Day 11).
- **Returning to school after testing positive for COVID-19:**
  - Symptom free AND
  - **Fever** free for 48 hours without the use of fever reducing medicine AND
  - At least 5 days have passed (return on day 6). Day 0 is defined as the day of symptom onset or positive test.
    - They must consistently and properly wear a well-fitting mask indoors for days 6-10 unless two negative tests are received at least 48 hours apart after day 6.
    - During rest time/meal time mask can be removed but the child should be kept at a 6 foot distance from others while unmasked for eating/resting.

### Face Masks

Children should still have two masks ready in their backpack at all times should a need arise. Instances where a mask may be needed could include:

- If your child becomes ill with symptoms consistent with COVID-19 during the school day
- During periods of [high community transmission](#)
- After returning to school after quarantine during days 6-10

### Handwashing

- All bathrooms have touchless soap dispensers, touchless faucet systems and touchless paper towel dispensers.
- Handwashing will occur: before entering the classroom, after going outside, before snack or lunch time, after snack or lunch time, always after using the restroom, if a child needs to wash their hands, and prior to car line pick up at the end of their school day.

### Cleaning & Sanitizing



SPDS has established sanitization procedures based on regulatory guidelines. All cleaning products used meet the CDC's criteria for use against the virus that causes COVID-19.

- Every classroom is equipped with an air purifier that will be used daily.
- Every classroom is equipped with a UV light for sanitizing when children are not present.
- Classroom windows will remain open as long as weather permits. Please send your child with an extra layer in the colder months.
- Tables, chairs, resting mats, railings and door handles will be sanitized after use. Toys will be sanitized after use each day.
- An outside cleaning company cleans the school daily after hours.

### International Travel

- Per CDC recommendations, after arrival to the United States, all travelers regardless of vaccination status should self-monitor for COVID-19 symptoms.
- Per CDC recommendations, all students, regardless of vaccination status, are encouraged to test 3-5 days after arrival in the United States, even if asymptomatic.

For more information, refer to the [CDC guidelines for domestic travel](#), [the CDC guidelines for international travel](#), or the [NJ Department of Health's travel page](#).

### Classroom Closures

- In some instances when there is an outbreak of cases in a classroom or grade level, St. Paul's Day School may need to temporarily close certain classrooms for a 5-day quarantine.
- If a particular class(es) or the entire school is required to close, the K, JK and 4s class(es) would invoke remote learning using tools such as Google Classroom and/or Seesaw platforms. Alternative solutions would be explored for the 3s and 2s classrooms.
- If an individual student has to quarantine, at-home lesson plans will be provided upon request.

*Sources: Centers for Disease Control & Prevention (CDC), New Jersey Department of Health, New Jersey Department of Children & Families, Westfield Regional Health Department, Westfield Public Schools*