



Updated 04/18/23

St. Paul's Day School (SPDS) must comply with COVID-19 public health guidelines put forth by the NJ Department of Health specifically for childcare centers. The requirements were heavily derived from guidance documents produced by the Federal Centers for Disease Control and Prevention (CDC), however, in many instances have been supplemented or modified to reflect the needs of New Jersey and childcare centers.

Symptoms of COVID-19

As per the New Jersey Department of Health, any of the symptoms below could indicate a COVID-19 infection in children and may put your child at risk for spreading illness to others. Please note that this list does not include all possible symptoms and persons with COVID-19 may experience any, all, or none of these symptoms.

Fever (measured or subjective)	Fatigue
Persistent Cough	Congestion or runny nose
Rigors (shivers)	Chills
Myalgia (muscle aches)	Shortness of breath
Headache	Difficulty breathing
Sore throat	New loss of smell
Nausea or Vomiting	New loss of taste
Diarrhea	

Health Screening

- Please monitor your child for symptoms of COVID-19 per the grid above. If your child has a fever or a persistent cough, or any two of the other symptoms above, please keep him/her home and notify the school office.
- If a child does not feel well during school we will call you to pick them up. They will be taken to a quarantine room with a designated staff member to wait, isolated from other students.



Close Contacts

SPDS will notify impacted staff and parents of students if they are identified as a close contact. A close contact is defined as being within 6 feet of someone with suspected or known COVID-19 for 15 or more minutes during a 24-hour period. If your child has been identified as a close contact, follow the **Return to School** instructions below.

Return to School

- **Returning to school after close contact outside of the household (no symptoms):**
 - Individuals who are exposed are strongly encouraged to test within 24 hours of exposure, and again on day 6 and monitor for symptoms. Wearing a mask for 10 days after exposure is highly recommended.
- **Returning to school after close contact within the household (no symptoms):**
 - Students who are **unable to isolate from the positive household member** are recommended to quarantine for 5 days from the household member's positive test or onset of symptoms. Criteria for return:
 - Negative test result (OTC or provider-based test) within 24 hours of exposure; able to properly and consistently mask indoors through day 10. He/she should also get tested on day 6.
 - If opting not to test and mask - criteria for discontinuing home isolation have been met (10 days).
 - Students who are **able to isolate from the positive household member:**
 - Negative test result (OTC or provider-based test) within 24 hours of exposure; able to properly and consistently mask indoors through day 10. He/she should also get tested on day 6.
 - If opting not to test and mask - criteria for discontinuing home isolation have been met (10 days).
- **Returning to school after illness with COVID-19 compatible symptoms:**
 - Negative COVID-19 test results (two OTC tests 48 hours apart or single provider-based test)
 - If opting not to test, criteria for discontinuing home isolation have been met (10 days have passed since symptom onset, return on Day 11).



- **Returning to school after testing positive for COVID-19:**
 - Symptom free AND
 - **Fever** free for 48 hours without the use of fever reducing medicine AND
 - At least 5 days have passed (return on day 6). Day 0 is defined as the day of symptom onset or positive test.
 - They must consistently and properly wear a well-fitting mask indoors for days 6-10 unless two negative tests are received at least 48 hours apart after day 6.
 - During rest time/meal time mask can be removed but the child should be kept at a 6 foot distance from others while unmasked for eating/resting.

Face Masks

Children should still have a mask ready in their backpack at all times should a need arise. Instances where a mask may be needed could include:

- If your child becomes ill with symptoms consistent with COVID-19 during the school day
- During periods of [high community transmission](#)
- After returning to school after quarantine during days 6-10

Classroom Closures

- In some instances when there is an outbreak of cases in a classroom or grade level, St. Paul's Day School may need to temporarily close certain classrooms for a 5-day quarantine.
- If a particular class(es) or the entire school is required to close, the K, JK and 4s class(es) would invoke remote learning using tools such as Google Classroom and/or Seesaw platforms. Alternative solutions would be explored for the 3s and 2s classrooms.
- If an individual student has to quarantine, at-home lesson plans will be provided upon request.

Sources: Centers for Disease Control & Prevention (CDC), New Jersey Department of Health, New Jersey Department of Children & Families, Westfield Regional Health Department, Westfield Public Schools